

2011 Ohio Race Walk Competition Results

This document has the results of all the judged outdoor race walk events in the Ohio Association in 2011.

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Cedarville University T&F Invitational Saturday, March 26th, Cedarville, Ohio

Temperature - 36 degrees, cloudy and windy.

In the women's race Jill (Zenner) Cobb, 36, set a new track and meet record for the 5,000 meter race walk at her collegiate alma-mater , Cedarville University. The former American record holder at 3,000 meters showed she still has her old stuff with a 25:01 clocking. Nicole Furnish, a senior at Lindsey Wilson College in Kentucky, joined Cobb in qualifying for the USATF outdoor T&F nationals, by placing second in 25:56. Soon to be 14, Emily Belovich, from the Miami Valley TC secured a USATF Junior Nationals qualifying time with an outstanding 5th place - 28:01 - effort.

- 1) Jill Cobb (36) - unattached - 25:01.04
- 2) Nicole Furnish (SR) - Lindsey Wilson Col - 25:56.31
- 3) Chelsea Conway (SO) - Lindsey Wilson Col - 26:26.00
- 4) Reini Brickson (FR) - Lindsey Wilson Col - 27:50.71
- 5) Emily Belovich (13) - Miami Valley TC - 28:01.59
- 6) Alex Brown (15) - Miami Valley TC - 29:01.46
- 7) Ruth Barlass (16) - unatt (Katy, Tx) - 29:16.45
- 8) Danielle Stockham (JR)- Rio Grande Univ - 32:37.91
- Sarah Kenney (16) - Miami Valley TC - DNS
- Barb Hensley (66) - Miami Valley TC - DNS
- Susan Randall (35) - unatt - DNS

In the men's race Josh Wiseman showed continued improvement as he easily won the men's 5,000m walk in 21:29. Mike Mannozi and Ricardo Vergara joined Wiseman in qualifying for the men's 20k in Eugene and the USATF Outdoor Nationals with their 2nd and 3rd place times.

- 1) Josh Wiseman (SR) - Cedarville Univ - 21:29.34
- 2) Mike Mannozi (24) - Miami Valley TC - 22:17.92
- 3) Ricardo Vergara (JR) - Lindsey Wilson Col - 22:52.54
- 4) Paul Ikeda (SR) - Cedarville Univ - 23:36.25
- 5) Roberto Vergara (JR) - Lindsey Wilson Col - 23:44.44
- 6) Joel Pfahler (SO) - Cedarville Univ - 24:10.25

7) Mitchell Brickson (17) - Miami Valley TC - 25:19.59
-- Omar Nash (35) - Miami Valley TC - DNS

Next race in the Miami Valley will be the Ohio Association 50k RW Championships on Sunday, April 10th, at Yellow Springs HS. The Jack Mortland Race Walks (5k, 10k, and 20k) will be Sunday, May 8th. The 20k on May 8th will be the Ohio and USATF North Region 20k Championships.

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### **Ohio Association 50 Kilometer Race Walk Championships**

Yellow Springs HS, Yellow Springs, Ohio  
Sunday, April 10th, 2011

Josh Wiseman from Cedarville University and Mike Mannozi from the Miami Valley TC qualified for the 2012 Olympic Trials at two different distances this morning during the 50 kilometer Ohio Association Race Walk Championships in Yellow Springs, Ohio. A total of 16 walkers participated over the four distances offered - with the championship distance being the 50k. The Ohio 20k Championship will Sunday May 8th at Eastwood Lake Metro Park in Dayton. And the Ohio 10k Championship will be back at Yellow Springs HS on Saturday, June 11th.

Of the two Olympic Trials qualifiers it was Mannozi, 24, from Youngstown, Ohio, who had the tuffer path in the endurance demon - the 50 kilometer RW. Starting early this morning in low 60 degree weather the Italian Stallion was into his last 15 kilometers of the 31 mile race when the sun broke thru the clouds and the temperature quickly soared into the high 70's.

With Omar Nash matching strides through the early going, Mannozi walked fairly even splits, hitting 1:51:02 at 20k. Haven broken away, Mannozi strode thru 30k at 2:46:43 and 40k in 3:43:36.

### **Ohio Association 50k RW Championships:**

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1) Mike Mannozi(M24) Miami Valley TC 4:41:49  
-- Chris Knotts (M55) Miami Valley TC DNF  
-- Omar Nash (M35) Miami Valley TC DNF

In the other races contested concurrently on the 400m track, it was Cedarville University senior Josh Wiseman that powered his way to the win at the other Olympic Distance - the 20k. His final time of 1:34:55 is superior to the 2012 Olympic Trials qualifying standard for men of 1:36:00. This earns him a spot on the June 2012 starting line in Eugene, Oregon.

Ricky Vergara (Lindsay Wilson College) and Susan Randall (World Class RWers) won at 10k. And at the

5k distance Goshen College dominated with Jake Gunderkline and girlfriend Erin Helmuth winning. --

20 kilometer race:

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- 1) Josh Wiseman (M23) Cedarville University 1:34:55 (47:18 at 10k)
  - 2) Joel Pfahler (M21) Cedarville University 1:51:53 (55:45 at 10k)
- Mitchell Brickson (M18) Miami Valley TC DNF

10 kilometer race:

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- 1) Ricardo Vergara (M21) Lindsey Wilson Col. 52:42
  - 2) Susan Randall (F35) World Class RWers 54:35
  - 3) Chelsea Conway (F21) Lindsey Wilson Col. 56:54
  - 4) Reini Brickson (F19) Lindsey Wilson Col. 59:38
  - 5) Emily Belovich (F13) Miami Valley TC 1:03:41
  - 6) Alex Brown (F15) Miami Valley TC 1:04:51

5 kilometer race:

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- 1) Jacob Gunderkline (M20) Goshen College 25:59
  - 2) Erin Helmuth (F20) Goshen College 27:55
  - 3) Barrett Donna (M19) Goshen College 28:23
  - 4) Barb Hensley (F66) Miami Valley TC 39:53

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24th ANNUAL JACK MORTLAND RACE WALKS
Sunday, May 11th, 2011
Eastwood Lake Park, Dayton, Ohio

Cool, calm and cloudy - near perfect conditions lakeside today in Dayton for the 24th annual Jack Mortland Race Walks. And with 1964 Olympian Jack Mortland present and helping with the lap counting it was a good day for racing. The event was hosted by the Miami Valley Track Club.

In the featured 20k USATF North Region and Ohio Association Championships it was two Ohioans who dominated. 26 year old Mike Mannozi, the Italian Stallion from Youngstown and 35 year old Susan Randall from Beavercreek earned the victories, trophy, and \$100 each in prize money.

Mannozzi and Matt Forgues a freshman from Clinton, Iowa's Ashford University set the early pace together as both athletes chased the 2012 Olympic Trials standard of 1 hour and 36 minutes. Forgues, 19, from Bar Harbor, Maine, was Maine's high school state champ in the race walk last spring. But there is a big difference between the mile race contested in high school and the beast in the 12.4 mile length of a 20 kilometer race. Acknowledging this the duo went thru the first 5k in 24:16.

Meanwhile Randall, accompanied by Forgues' teammate from Iowa, Alek Jakobsen, and Erika Shaver, a first year student at Furman University in South Carolina, cruised their first 5k in 28:30. Jakobsen and Shaver were engaged in their first attempt at 20k. In between the two groups - with a split of 27:56 - was Wooster, Ohio's own Chris Schmid.

By 10k Mannozzi had gapped Forgues. However both athletes were struggling to maintain the pace needed to reach the standard time of 1:36 with Mannozzi hitting the half way mark in 48:22. Schmid was solidly in third at 10k with a 55:36. Randall maintained her pace while leading the women's race in 56:26. Jakobsen still matched her step for step, while Shaver, who turned 19 just a week earlier, slipped back to 56:46. Jamie Brooks from Pittsburgh, PA, was third for the women in 62:52.

After 12 laps the leaders, Mannozzi and Randall, hit their 15k splits in 72:25 and 83:52, respectively. Forgues held onto second at 74:49 with Schmid third for the men at 83:16. However Jakobsen was gaining at 83:42. Shaver, at 85:48, and Brooks, 95:38, were second and third for the women with 5k remaining.

Mannozzi 's negative split on his last 5k from narrowly failed to grab the automatic qualifying mark for the Olympic Trials - finishing in 1:36:02. Forgues, still a junior, was second in 1:40:40. But the order changed for third with the youngster Jakobsen catching Schmid, 64, with two laps remaining.

Randall notched her second straight Mortland win with a 1:50:45. Shaver was second in 1:55:03 with Brooks third in 2:09:06.

A big thanks to the judges, and to all of the other volunteers who made this year's event possible.

20K Results:

- 1) Michael Mannozzi (M26) Miami Valley TC (OH) - 1:36:02
- 2) Matt Forgues (M19) Ashford University (IA) - 1:40:40
- 3) Alek Jakobsen (M19) Ashford University (IA) - 1:50:00
- 4) Chris Schmid (M64) World Class RWers (OH) - 1:50:37
- 5) Susan Randall (W35) World Class RWers (OH) - 1:50:45
- 6) Erika Shaver (W19) World Class RWers (OH) - 1:55:03
- 7) Jamie Brooks (W41) World Class RWers (PA) - 2:09:06

- 8) Russ McMahon (M57) Miami Valley TC (OH) - 2:09:13
- 9) Tom Belford (M62) Pegasus TC (MI) - 2:24:55

10K results:

- 1) Jill Cobb (W36) Miami Valley TC (OH) - 52:38
- 2) Omar Nash (M37) Miami Valley TC (OH) - 56:39
- 3) Paul Trembley (M46) World Class RWers (KY) - 58:23
- 4) Joyce Prohaska (W60) Other The Hill TC (OH) - 64:42
- 5) Cathy Mayfield (F59) Pegasus TC (IN) - 64:42

5K Results:

- 1) Damon Clements (M54) unattached (IN) - 28:57
 - 2) Alexandra Brown (F15) Miami Valley TC (OH) - 30:17
 - 3) Barb Hensley (F67) Miami Valley TC (OH) - 39:23
 - 4) Jack Shuter (M81) Buckeye Striders (OH) - 44:45
- 1 DQ

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Results from today's 1 Mile Race Walk at Yellow Springs HS.

Yellow Springs Summer Series Mini Meet Track Meets  
Wednesday, June 8th, 2011

Hot and humid at Yellow Springs HS, Yellow Springs, Ohio. Most participants in the walks had already competed in the 1,500m run earlier in the meet. Ohio 10k RW champs are Saturday morning, June 11th, 8am at the Yellow Springs HS track.

- 1) Jill Cobb (35F) Miami Valley TC - 7:35.66
- 2) John Randall (19M) Miami Valley TC (New Jersey Branch) - 8:31.84
- 3) Reini Brickson (19F) Lindsay Wilson Univ. - 8:39.66
- 4) Alex Brown (15F) Miami Valley TC - 8:48.04
- 5) Emily Belovich (14F) Miami Valley TC - 8:52.00
- 6) Sydney Beal (12F) Miami Valley TC -- 9:01.59
- 7) Barb Hensley (67F) Miami Valley TC - 11:50.90

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June 11th, 2011

The Ohio 10 kilometer race walk championships were held earlier today, June 11th, at the Yellow Springs HS track. While last year's event had a superb turnout which resulted in a Hong Kong national record by Lindenwood University's Jessica Ching despite very humid conditions, today's event had much cooler conditions and one competitor for each of the three judges.

Susan Randall repeats as Ohio champ at 10k with Omar Nash winning his first state title.

- 1) Susan Randall - World Class RWers - 52:20
- 2) Omar Nash - Miami Valley TC - 54:25
- 3) Paul Tremble - World Class RWers (Ky) - 55:13

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RW results from today's Junior Olympics qualifying T&F meet at Yellow Springs HS hosted by the Miami Valley TC. (June 12th, 2011)

3000m RW:

- 1) Mitchell Brickson (YM) - Miami Valley TC - 17:02.28
- 2) Alex Brown (IG) - Miami Valley TC - 17:02.67
- 3) Emily Belovich (YG) - Miami Valley TC - 17:04.57
- 4) Sydney Beal (YG) - Miami Valley TC - 18:24.28
- 5) Sarah Kenney (YW) - Miami Valley TC - 19:25.13

1500m RW (all first time RWers):

- 1) Nicholas Swank (MB) - Miami County YMCA - 12:02.16
- 2) Taylor Ewert (BG) - Miami Valley TC - 12:03.16
- 3) Paige Murry (MG) - Miami Valley TC - 12:03.39

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Miami Valley Track Club - Mini Meet #2

Wednesday, June 15th, 2011

Yellow Springs HS, Yellow Springs, Ohio

Matt Boyles walked in front of judges for the first time since finishing second in the 20k Race Walk at the 2008 Olympic Trials in the track & field meet this evening at Yellow Springs HS. Boyles will next be competing at the USATF Club Championships in NY in July.

In other events: Dave Diercks from the Miami Valley TC achieved a provisional mark for the USA Nationals in Eugene in the Javelin with a hurl of 233'1".

1 Mile RACE WALK:

- 1) Jill Cobb (F36) - Miami Valley TC - 7:26.09
- 2) Erika Graves (F41) - Miami Valley TC - 11:06.41
- 3) Miriam Jacobs (F71) - Mason Walking Club - 11:43.47
- 4) Barbara Hensley (F67) - Miami Valley TC - 11:44.01
- 5) Kaliyah Fulton (F12) Miami Valley TC - 12:57.72
- 6) Kennedy Graves (F11) Miami Valley TC - 13:26.90
- 7) Andi Reeder (F9) Miami Valley TC - 13:30.78

5000m Race Walk:

- 1) Josh Wiseman (M23) - Miami Valley TC - 22:12.25
- 2) Matt Boyles (M28) – Waldorf College Head Track Coach - 24:01.84
- 3) Mitchell Brickson (M18) - Miami Valley TC - 30:47.59
- 4) Alex Brown (F15) - Miami Valley TC - 30:47.65
- 5) Miriam Jackobs (F71) - Mason Walking Club - 38:57.31

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**Miami Valley Track Club**  
**Mini Meet #3**  
**Wednesday, June 22<sup>nd</sup>, 2011**  
**Yellow Springs HS, Yellow Springs, Ohio**

One Mile Race Walk:

- 1) Jill Cobb (W35) – MVTC - 7:19.88
- 2) Keturah Fulton (IG) – MVTC – 10:08.82
- 3) Charlotte Walkey (YG) – MVTC – 10:36.11
- 4) Erica Graves (MF) – MVTC – 10:55.82
- 5) Taylor Ewert (BG) – MVTC – 11:08.16
- 6) Barbara Hensley (W65) – MVTC – 11: 28.22
- 7) Kennedy Graves (MG) – MVTC – 13:00.7

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Miami Valley Track Club - Mini Meet #4
Wednesday, June 29th, 2011
Yellow Springs HS, Yellow Springs, Ohio

One Mile Race Walk:

- 1) Charlotte Walkey (YG) – MVTC – 10:02.83
- 2) Taylor Ewert (BG) – MVTC – 11:17.27

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OHIO JUNIOR OLYMPIC CHAMPIONSHIPS

Cedarville University

6/26/2011

1500 Meter Race Walk Bantam Girls

Name	Year Team	Finals
1 Ewert, Taylor	Miami Valley	9:48.56
2 Sumlin, Aaliyah	Northwest Tc	10:44.48
-- Dickens, Carly	Northwest Tc	DQ

1500 Meter Race Walk Midget Girls

Name	Year Team	Finals
1 Graves, Kennedy	Miami Valley	10:35.24
2 Murry, Paige	Miami Valley	10:44.86

3000 Meter Race Walk Youth Girls

Name	Year Team	Finals
1 Belovich, Emily	Miami Valley	16:51.38
2 Walkey, Charlotte	Miami Valley	19:51.33

3000 Meter Race Walk Intermediate Girls

Name	Year Team	Finals
1 Brown, Alexandra	Miami Valley	16:46.13

3000 Meter Race Walk Young Men

Name	Year Team	Finals
1 Brickson, Mitchell	Miami Valley	15:44.59

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21st Annual Miami Valley Open Track & Field Meet
Thursday, July 21st, 2011
Yellow Springs HS, Yellow Springs, Ohio

Hosted by the Miami Valley TC (MVTC), based in Yellow Springs, Ohio Meet hi-lites:

- Completed our first season of Fully Automatic Timing (FAT) at our home meets – Thanks to Peter Dierauer.
- Emily Belovich – a 14 year old frosh at Springfield Catholic HS, establishes a new Ohio HS record in the 1 mile race walk with a solid 20 second PR at the distance. She walked the full mile in 8:14.95 breaking the old record of 8:25.5 held by former Tipp City HS athlete Allison Chin - also of the Miami Valley TC.
- New Stadium record of 15'8" in the Pole Vault by Tyler Bortin with Mark Peters in the 50-54 age group clearing 12'6" to achieve the notoriety of the highest flying master
- Mario Cosey completed his comeback from last fall's soccer injuries to win the 100m dash in 10.82 – nearly a half second faster than his 5th place finish in June's Ohio HS State T&F Meet.
- And a 4:06 in the 1500m run by Wilmington HS senior-2-be Tom Swank.
- And all this was accomplished with temperatures above 95 degrees when the meet got underway at 5:30pm.

1 Mile Race Walk (FAT):

- 1) Omar Nash – M35 – MVTC: 7:31.96
- 2) Jill Cobb – W35 – MVTC: 7:34.45 (former American record holder at 3,000m)
- 3) Mitchell Brickson – JM – MVTC: 7:52.27
- 4) Emily Belovich – YG – MVTC: 8:14.95
- 5) Reini Brickson – OW – MVTC: 8:32.98
- 6) Taylor Ewert – BG – MVTC: 9:52.14
- 7) Charlotte Walkey – YG – MVTC: 10:39.89
- 8) Kennedy Graves – MG – MVTC: 11:42.64
- 9) Max Yoder – JM – Wilmington Flyers: 11:50.86
- 10) Caleb McCullough – JM – Wil. Flyers: 11:51.09
- 11) Barbara Hensley – W65 – MVTC: 11:56.64
- 12) Carly Dickens – BG – Northwest TC: 12.45.84

3000M Race Walk (Hand timed):

- 1) Omar Nash – M35 – MVTC: 14:35.2
- 2) Mitchell Brckson – YM – MVTC: 15:24.3
- 3) Barbara Hensley – W65 – MVTC: 24:29.0
- 4) Savannah Millar – YG – UNAT: DQ

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### **Ohio Last Chance 50k**

**Saturday, November 27th, 2011**

**Yellow Springs HS, Yellow Springs, Ohio**

The Ohio State Michigan Football game provided the back ground noise as five stalwart men walked 125 laps 'round the coned 400 meter track of Yellow Springs HS. 4:45:00 was the goal. Dave Talcott got the qualifier and Mike Mannozi improved on his personal best.

- 1) Mike Mannozi, Miami Valley TC - 4:41:23
  - 2) Dave Talcott, Shore AC - 4:42:20
  - 3) Dan Serianni, World Class RWers - 4:54:03
- Omar Nash, Miami Valley TC - DNF (dropped out at 38k)  
-- Chris Schmid, World Class RWers - DNF (dropped out at 30k)

In the accompanying 20k race there were five starters. Jill Cobb, who with a life time best of 1:34:50, added her name to the list of 2012 Olympic Trials qualifiers for the women.

- 1) Jill Cobb, Miami Valley TC - 1:46:23
  - 2) Susan Randall, Miami Valley TC - 1:48:45
- Jake Gunderkline, Goshen College - dnf  
-- Katie Burnett, unattached - dnf  
-- Erin Talcott, Shore AC - dnf

Judges: Carolee Stephens, Brian Stephens, Damon Clements, Mike Randall, Erick Brickson

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